



Ganesh Himal

Named after the elephant-headed God of Good Fortune, GaneshHimal offers spectacular views, untouched natural splendor and wild but friendly habitations. It can clearly be seen from the Kathmandu Valley. The Ganesh Range Peaks stands out, crystal-like, a "Great Himalayan Chain" forming the skyline. This great Himalayan massif is located between the valley of the BuriGandaki in the west and BhoteKoshi in the east, which becomes Trishuli Khola in the lower section.



Detailed Itinerary

Day 1: Arrival in Kathmandu

Welcome to the Capital of Nepal " KATHMANDU". Upon Arrival our representative will welcome you and drive you to Hotel. Refresh and Relax

Day 2: Explore Kathmandu

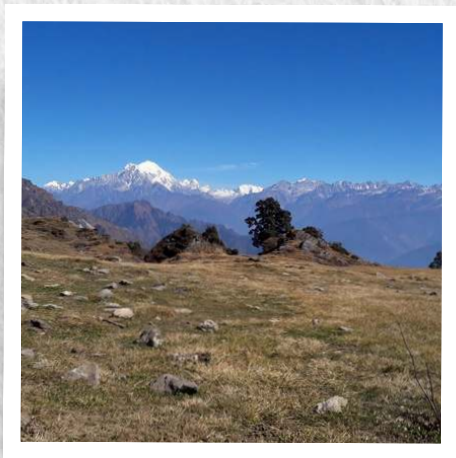
"Kathmandu" which has exclusive blend of art, culture, history and religion. It bears varieties from pre-history to modern art, culture and custom. Today we explore some of it most popular UNESCO heritage sites. Afternoon walk around the main tourist hub of Kathmandu and prepare for your trek.

Day 3: Kathmandu drive to Pairo Bensi

A 6 hours scenic drive from Kathmandu takes you to PairoBensi, where you will camp overnight. PairoBensi is a small village next to Trishuli river. Enjoy your first night in your tent, under the stars next to the river bank.

Day 4: PairoBensi – Kispang

You wake up in the outdoors and get ready for the first walking day of your trek. Today you have an uphill walk for about 3 hours to the village called Satdobato and then gradual uphill walk for another 2 hours to your camping site call Kispang.



Day 5: Kispang – Gongga

This morning you have a hard starter with a 3-hour ascent. This is followed by more gradual uphill through rhododendron forest, which is the national flower of Nepal. If you are here in Spring, you will see the blooms, stunning trekking! Tonight, you camp at Gongga, from where you can see Langtang Lirung and Gosainkunda Mountain ranges.

Day 6: Gongga – Rupchet

Another uphill walk for about 5 hours through rhododendron forest takes you to Rupchet. Tonight, you stay in an alpine area with stunning views of the Langtang mountain range from the door of your tent.

Day 7: Rest day in Rupchet

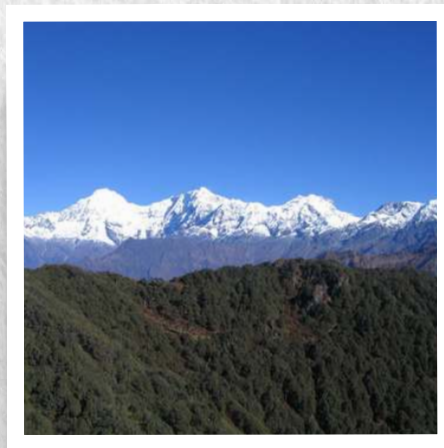
Today is for resting to let your body acclimatize. If you feel great, then it's also a chance for some exploring.

Day 8: Rupchet – Sing La – Larkap

Get your camera ready for the spectacular mountain views from Sing La (pass), from where we can see peaks over 8,000 metres. From Rupchet we trek steeply uphill for 2 hours to Sing La pass from where you will have a incredible views of Ganesh Himal, Manaslu, Annapurna range, Fishtail, Langtang range, Gosainkunda range, Tibetan range and more. After the pass you have a downhill trek for about one hour to Larkap.

Day 9: Larkap – Pangsang La

This morning you have a good uphill walk to Pangsang La and the trail levels out through the rhododendron forest. You can enjoy a full day of mountain views while walking from Larkap – this is a great day of trekking!



Day 10: Pangsang La – Somdang

Early in the morning, after having breakfast, we will set up downhill and level walk. The Rhododendron, Pine and other vegetations will be with us throughout the whole day. We can also have good looks of Ganesh and Paldor Himal. We will be at Somdang, a small Tamang Village, till the evening.

Day 11: Somdang Trek to Gatlang

The morning starts with a fairly level trail and then you head uphill through Khurpe Banjyang saddle (3600m). From here it is downhill into Gatlang, where you camp the night. In Gatlang there is a small holy lake and it's a good chance to learn about sacred lakes in Nepal.

Day 12: Gatlang – Syabrubesi

Our last day of the trek, we come to a Gompa (small monastery) where we can visit inside and learn the art & the culture of Buddhism, we again walk the trail which is known as the pilgrimage trail used by the pilgrims. We keep on walking and now have the steep descent; we come at the river which we follow till Syabrubesi. Today we walk about 7 hours, climbing up about 100 meters and getting down about 1300 meters.

Day 13: Syabrubesi – Kathmandu

Today you bid farewell to the stunning mountains of the Ganesh Himal region and drive back to Kathmandu. It will take around 9 hours' drive on a wild mountain road.

Day 14: Free day and Shopping

It's free day today, walk around and find a nice souvenir.

Day 15: Fly back

We drive you to airport and farewell.



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