

Upper Mustang

The area is absolutely a hidden gem in the Himalayas with remote landscape and unique Tibetan culture. The journey through the kingdom of lo is amazing, the cliff side villages, canyons, deep gorges, ancient fortresses and mysterious ancient cave hermitages makes it wonderful place on the planet.



Detailed Itinerary

Day 1: Arrival in Kathmandu

Welcome to the Capital of Nepal "KATHMANDU". Upon Arrival our representative will welcome you and drive you to Hotel. Refresh and Relax

Day 2: Explore Kathmandu

"Kathmandu" which has exclusive blend of art, culture, history and religion. It bears varieties from pre-history to modern art, culture and custom. Today we explore some of it most popular UNESCO heritage sites. Afternoon walk around the main tourist hub of Kathmandu and prepare for your trek.

Day 3: Pokhara

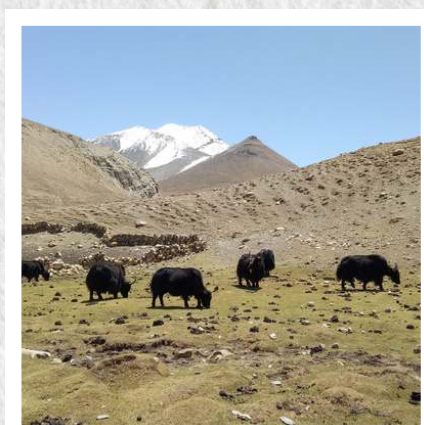
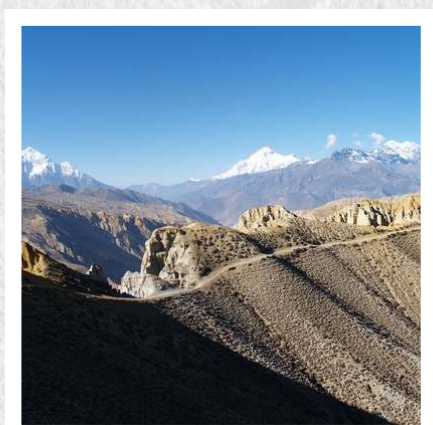
Early morning starts your journey to the beautiful city of Pokhara situated at the height of 827 meter is one of the most popular tourist destinations with serene lake, green surrounding and spectacular backdrop of snowy peaks.

Day 4: Phakding – Namche Bazaar

Early morning, we take a short 20-minute fly to Jomsom with serene mountain views from the sky. The flight and the perfect views are an attraction in itself. From Jomsom an easy walk, following the river valley of Kaligandaki upwards takes us to Kagbeni- a beautiful old Thakali village with old monasteries. Kagbeni is an interesting windswept villages situated on the main age old Trans-himalayan salt trade route to Tibet via Upper Mustang area.

Day 5: Kagbeni – Chaile

We leave Kagbeni behind and start another day of exploration following the bumpy road. We pass two small Tibetan style villages of Tangbe and Chhusang and cross the bridge over Kaligandaki river then climb up the ridge to the Tibetan style village of Chaile.



Day 6: Chaile – Syangboche

After breakfast, lets warm up our bodies for an uphill walk most of the day to reach Syangboche. We follow bumpy road passing another Tibetan style village of Smar and Vena. Enjoy the greenery and mountain views of Mt. Nilgiri, Mt. Annapuran and Mt. Tukuche together with Kaligandaki valley.

Day 7: Syangboche – Ghami

After breakfast we climb to the pass of Yamda la at 3850m, from where we will have a nice gradual walk all the way to Jhaitee followed by a small climb to a 3900-meter pass. Following the road, we descend to Ghami – a nice local village with Tibetan culture and lifestyle. Enjoy the beautiful natural red cliffs with all its caves for you to explore.

Day 8: Ghami – Chharang

Cross the bridge and enjoy the long stone structure wall carved with Buddhist praying chants. Afterwards, we start climbing till another pass of 3900 meter and from here we descend to Chharang following the jeep track. Chharang is a Tibetan style village where we could explore its old monastery, chorten and fine views of the Mt. Annapurna range.

Day 9: Chharang – Lo manthang

The trails descend to Charang chu and after crossing the river climbs steeply up to Lo (3850 m) from where you can see the valley of lo Manthang. While descending, the view of wall city is magnificent. It is surprising that how little it has change and still so rich in its tradition and ancient culture.

Day 10: Lo manthang

Today we have time to truly explore the walled town of Lo Manthang. We will visit old monasteries, stroll around the town to sense and comprehend the Tibetan life and culture, visit to the royal palace and hike to the wonderful caves.

Day 11: Lo Manthang – Drakma

Today we trek to Drakmar via Gyakar with more than 1200 years old Ghar Gompa with Guru Rinpoche as the primary figure. The Gompa is also famous for its rock paintings. According to the legend, anyone who makes one wish at the Ghar Gompa, their wish is fulfilled.

Day 12: Drakmar – Ghiling

We retrieve our way back to Ghiling through local villages.

Day 13: Ghiling – Chusang

Another beautiful day, retrieving back to Chusang.

Day 14: Jomsom

Our last day of trekking today, so enjoy the last bits of upper mustang, after reaching Kagbeni we leave the restricted area and follow the normal annapurna trail to Jomsom.

Day 15: Fly Pokhara

It's an early wake up call to catch early morning amazing 25-minute flight down the Kali Gandaki River Valley to Pokhara. On arrival in Pokhara we transfer you to hotel for a relax day ahead. Take a nice warm shower and enjoy the beauty of the serene Fewa Lake.

Day 16: Explore Pokhara

It's time to explore this amazing city full of natural beauty. World peace stupa situated on top of hill overlooking Pokhara valley, incredible caves, serene lakes, Barahi temple situated on middle of fewa lake are some of the interesting site of Pokhara.

Day 17: Back to Kathmandu

Early morning, we start our journey back to Kathmandu.

Day 18: Fly back

Drive to the airport and farewell





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